Your Guidebook

The Precision of Protons. The Power of Caring.

Important information to support you through your proton therapy treatment
Section 1: The Center

The Precision of Protons. The Power of Caring.

Detailed information about the Center as well as its doctors and staff
Section 1: The Center

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The Precision of Protons. The Power of Caring.

House the information you receive from your Care Team here, in one convenient location.
Seattle Cancer Care Alliance (SCCA) Proton Therapy, A ProCure Center, is one of a handful of centers in the country that treat different kinds of tumors with proton therapy, an advanced form of radiation therapy. It is the third center in a nation-wide network of proton therapy centers operated by ProCure, the leading provider of proton therapy in the United States. The other two ProCure centers are located in Somerset, New Jersey, and Oklahoma City, Oklahoma. The Seattle center is the first to be located in the Pacific Northwest, 1,000 miles from the nearest proton facility. ProCure and SCCA, along with its founding partners—Fred Hutchinson Cancer Research Center, UW Medicine and Seattle Children’s—have collaborated on this effort. The Center is located on the campus of Northwest Hospital & Medical Center, north of downtown Seattle.

Our 60,000-square-foot facility contains four treatment rooms designed to treat different types of tumors. Depending on your diagnosis and tumor location, a specific room is selected that will achieve the most effective treatment approach for you. At full capacity, the Center will be able to treat about 1,400 patients each year.

We’ve made every effort to create a warm, healing environment at our Center. In the lobby you can bask in front of the fireplace as you wait. In the anesthesia bays children may be soothed by the colorful art of animals. From the exam rooms to the CT Simulation room you will notice many fern designs throughout the Center. A native species to the Northwest, the fern contains healing properties used by Native Americans in the region. The fern is also a powerful symbol demonstrating transformation, beginning as a tightly-curled fiddlehead and spreading into a many-leafed frond.
The Center Leadership

Ramesh Rengan, Ph.D., M.D., Medical Director of the Center

Dr. Rengan is the Medical Director at SCCA Proton Therapy, A ProCure Center, and an associate professor of radiation oncology at UW Medicine. He is a board-certified radiation oncologist who specializes in radiation treatment for lung cancer and melanoma. Dr. Rengan was previously the Chief of Thoracic Service and Assistant Director of Clinical Operations for the Department of Radiation Oncology at the University of Pennsylvania, where he worked extensively with proton therapy. He completed his residency in radiation oncology at Memorial Sloan-Kettering Cancer Center and earned his medical degree and PhD in biological chemistry from University of Michigan Medical School and Rackham School of Graduate Studies. Dr. Rengan’s philosophy of “patients come first” fits well with his areas of research, which involve the development of clinical and translational (bench-to-bedside) initiatives designed to improve clinical outcomes in lung cancer and melanoma patients. His research interests also include understanding the biology of lung cancer tumors in order to make radiation treatment more effective. He is the co-Chair of the IHE-RO Planning Committee and chair of the IHE-RO clinical advisory subcommittee for the American Society for Therapeutic Radiology and Oncology (ASTRO).

Annika Andrews, President of the Center

Annika Andrews is the president of SCCA Proton Therapy, A ProCure Center. As president, Andrews oversees operations at the Center. Prior to joining SCCA Proton Therapy, Andrews was the senior vice president and chief operating officer of UW Medicine’s Northwest Hospital & Medical Center where she was responsible for hospital and physician clinic operations and led the organization through its integration with UW Medicine. She served on the boards of North Seattle Surgery Center, LLC, Via Radiology, LLC, and she currently serves on the board of the Seattle Country Day School. From 2002 to 2006, she served as an independent director of Shurgard Storage Centers, Inc., when the publicly traded company was sold to Public Storage for $5.5 billion. Andrews earned her bachelor’s degree in economics from Princeton University.
Your Personal Care Team

Your Care Team is committed to continuously improving and raising the standard of care at the Center. We will help you with your medical needs and assist you as you prepare for your daily treatment session:

- **Care Team Nurse** will provide day-to-day care and help coordinate any additional medical services you might need during your proton treatment, including: arranging for blood tests, scans, medical appointments or other services you need.
- **Treatment Team Assistants** will greet you when you arrive at the Center and help you prepare for your treatment session.
- **Radiation Therapists** will make sure you are positioned properly for your treatment sessions and will be close at hand while you receive therapy.
- **Your Radiation Oncologist** will meet with you once a week to review your progress and discuss any questions or concerns you may have.

Your Care Team is dedicated to your ongoing care and will remain in contact with you and your primary physician after you’ve completed treatment.

For information on how to contact members of your Care Team, see the Key Contacts at the Center section.
Your Extended Team

In addition to your personal Care Team, there are many others on staff to support you during your time at the Center.

- **Intake Team** coordinates the exchange of records, collects information for evaluating your individual case, and schedules consultations.
- **Financial Counselor** assists you with insurance, Medicare or Medicaid coverage, and coordinates payment and cost management.
- **Patient Services Team** greets you and your loved ones when you come to the Center and can help answer questions and address your non-medical needs. They help you with your special personal needs, such as transportation, lodging, and services in the area. They will also plan and coordinate special educational and social programs to enhance your stay.
- **Medical Physicists** assure the safe and effective delivery of radiation by monitoring the equipment and procedures used in therapy. They run patient-specific checks on the plan created especially for your treatment to be sure you receive the correct dose of protons targeted precisely to your tumor.
- **Dosimetrists** collaborate with your doctor to prepare a treatment plan specific to your situation. They calculate the angles and doses of proton energy required to treat your tumor, while ensuring your healthy tissue is exposed to as little radiation as possible. They will work closely with the radiation therapists throughout your course of treatment.
- **Machinists** create a custom die or mold that matches the shape and form of your tumor. During your treatment, protons are delivered through the mold to ensure the precise targeting of the therapy.
- **Engineers** make sure the equipment and systems needed to produce the proton beam are finely tuned.
- **Administration Staff** provides management of office and business functions and helps manage your insurance claims.
- **Facilities Staff** maintains the building and ensures it is clean and safe for our patients.

If you have any concerns, please feel free to call our main number at (206) 306-2800 or report your concerns to any member of your Care Team. There is also a suggestion box in the lobby.
Doctors at the Center

The radiation oncologists who provide clinical care at SCCA Proton Therapy, A ProCure Center, will plan your course of therapy, manage your clinical care and conduct weekly check-ups to ensure that your treatment is on track.

Your radiation oncologist is the leader of your personal Care Team and will manage your care with the support of other highly skilled medical professionals trained in providing proton therapy.

The radiation oncologists who provide your care at the Center are all faculty of the University of Washington Department of Radiation Oncology. Having trained at some of the best cancer centers in the country, including UW Medicine, Harvard, MD Anderson, Stanford, Georgetown and Johns Hopkins, they are leaders in their field and known for clinical excellence. With specializations in brain, head and neck, breast, lung, gastrointestinal, genitourinary, prostate and pediatric cancers, our physicians have the expertise to provide the highest level of medical care to our patients.
Smith Apisarnthanarax, M.D.

Dr. Apisarnthanarax is a board-certified radiation oncologist with expertise in proton therapy who specializes in gastrointestinal cancers, including liver, pancreas and rectal cancers. He is an Associate Professor of Radiation Oncology at the University of Washington. Previous to joining Seattle Cancer Care Alliance, Dr. Apisarnthanarax was Assistant Professor and Associate Residency Program Director at the University of Pennsylvania Perelman School of Medicine.

Dr. Apisarnthanarax earned his medical degree from Brown University Warren Alpert Medical School and completed his residency in radiation oncology at the University of North Carolina. He also completed a research fellowship in experimental radiation oncology at the MD Anderson Cancer Center.

Dr. Apisarnthanarax’ research interests include optimizing the treatment of liver cancers, integrating proton therapy into the multidisciplinary care of cancer, and using novel functional imaging to personalize cancer care by decreasing normal tissue toxicity and assessing cancer treatment response.

Dr. Apisarnthanarax was recognized as Educator of the Year by the Association of Residents in Radiation Oncology (ARRO).
Ralph P. Ermoian, M.D.

Dr. Ermoian is board certified in both radiation oncology and pediatrics. He is an Assistant Professor of Radiation Oncology at the University of Washington, with expertise in proton therapy. Dr. Ermoian specializes in pediatric patients with all types of tumors, patients of all ages with blood tumors requiring stem cell transplants, and patients requiring palliative radiation.

Dr. Ermoian received his medical degree from the University of California, San Francisco School of Medicine, and completed his residency in pediatrics there as well. He completed his residency in radiation oncology at the University of Washington School of Medicine.

Dr. Ermoian’s research involves a number of studies examining the outcomes of pediatric patients treated with radiation therapy.
L. Christine Fang, M.D.

Dr. Fang is a board-certified radiation oncologist with expertise in proton therapy who specializes in breast and gynecological cancers. She is also an Assistant Professor of Radiation Oncology at the University of Washington.

Dr. Fang earned her medical degree at the University of Utah School of Medicine and completed her residency in radiation oncology at the UW Medical Center. She completed her fellowship in proton therapy at MD Anderson Cancer Center.

Dr. Fang’s current research interest is novel radiation techniques to minimize radiation-induced side effects for breast cancer. She is also investigating aspects of the treatment process that affect the patient’s quality of life, and advancements that lead to improving quality of life. She is the site principal investigator of a multi-institutional registry trial on the Calypso breath-hold technique.

Dr. Fang was awarded the Athena Endowed Award for Excellence in Breast Cancer Research.
Lia Moriguchi Halasz, M.D.

Dr. Halasz is board certified in radiation oncology with expertise in proton therapy, and she cares for patients with brain and spinal tumors. Dr. Halasz is an Assistant Professor of Radiation Oncology as well as Neurological Surgery at the University of Washington.

Dr. Halasz earned her medical degree at Harvard Medical School, where she also completed her residency through Harvard’s oncology program at Massachusetts General Hospital, Brigham and Women’s Hospital, and Beth Israel Deaconess Medical Center.

Dr. Halasz is involved in clinical outcomes research for patients with brain tumors, and is especially interested in how advances in radiation treatment may improve patients’ outcomes and quality of life during and after treatment.
Edward Y. Kim, M.D.

Dr. Kim is a board-certified radiation oncologist with expertise in proton therapy. Dr. Kim specializes in sarcomas and gastrointestinal cancers. He is an Assistant Professor of Radiation Oncology at the University of Washington. Previous to joining Seattle Cancer Care Alliance, Dr. Kim was Assistant Professor of Radiation Oncology at Ohio State University Arthur James Comprehensive Cancer Center.

Dr. Kim earned his medical degree at Case Western Reserve University School of Medicine and completed his residency in radiation oncology at Case Comprehensive Cancer Center.

Dr. Kim’s clinical research interests include intraoperative radiotherapy and quality of life measures during radiation therapy.
Janice N. Kim, M.D., M.S.

Dr. Kim is a board-certified radiation oncologist who specializes in treating breast cancer. She is an Associate Professor of Radiation Oncology at the University of Washington.

Dr. Kim earned her medical degree at the Chicago Medical School and completed her residency in radiation oncology at Case Western Reserve University School of Medicine.

Dr. Kim is the principal investigator of a trial evaluating the use of re-irradiation in patients who develop an in-breast recurrence.
George E. Laramore, Ph.D., M.D., FACP, FASTRO

Dr. Laramore is the past Medical Director of SCCA Proton Therapy, A Procure Center, and the past Chair of the Department of Radiation Oncology at the University of Washington. Dr. Laramore is board certified in therapeutic radiology and radiation oncology with expertise in proton therapy, and is the Peter Wootton Professor of Radiation Oncology at the University of Washington. He specializes in salivary gland tumors, head and neck cancer, skin cancer, prostate cancer and pioneered work in neutron radiotherapy.

Dr. Laramore earned his Doctorate of Philosophy in Physics at the University of Illinois and his medical degree at the University of Miami. He completed his residency in radiation oncology at the University of Washington.

Dr. Laramore believes in using technological innovations in ways tailored to the individual patient in order to optimize the treatment of their cancer.

Dr. Laramore has authored more than 200 papers on topics including the efficacy of different types of radiotherapy and their usefulness in treating specific cancers. He has directed a number of national studies, and is currently the institutional principal investigator for the Radiation Therapy Oncology Group, which conducts multi-institutional clinical trials in the United States. He has also participated in a number of visiting professorships and regional, national and international guest lecture opportunities. Dr. Laramore has been recognized many times as a “Top Doctor” by Seattle Magazine.
Jay J. Liao, M.D.

Dr. Liao is a board-certified radiation oncologist with expertise in proton therapy. Dr. Liao treats salivary gland tumors, head and neck cancer, skin cancer and genitourinary cancers such as prostate. He also specializes in fast neutron radiotherapy. He is an Associate Professor of Radiation Oncology at the University of Washington.

Dr. Liao earned his medical degree at the University of Michigan Medical School and completed his residency in radiation oncology at Georgetown University.

Clinical research interests for Dr. Liao include the development and use of conformal radiotherapy techniques, functional imaging approaches for improved tumor targeting, and particle therapy including neutron and proton therapy. Dr. Liao is an active member of the Multidisciplinary Head and Neck Oncology Tumor Group and the Genitourinary Oncology Tumor Group.
Nina Mayr, M.D., FASTRO, FAAAS

Dr. Mayr is a board-certified radiation oncologist and Professor and Chair of the Department of Radiation Oncology at the University of Washington. Prior to joining Seattle Cancer Care Alliance, Dr. Mayr created the Department of Radiation Medicine at Ohio State University and served as its inaugural Chair. There she was also a member of the NCI-designated Comprehensive Cancer Center’s Experimental Therapeutics Program. Dr. Mayr was Director of Radiation Oncology and professor and Vice Chair of Radiological Sciences at Oklahoma University Health Sciences Center, where she built the University’s new radiation oncology facility. Dr. Mayr specializes in tumor imaging, lung cancer, women’s cancers and neuro-oncology.

Dr. Mayr earned her medical degree at Ludwig-Maximilians-Universität in Munich, Germany, and completed her residency and fellowship in breast and gynecologic radiation oncology at the University of Iowa, where she served on for eight years.

Dr. Mayr has been awarded two National Institutes of Health (NCI) RO1 grants for the study of functional/molecular imaging as a predictor of cancer treatment outcome. She serves in numerous capacities in professional societies in her field, has been awarded the Fellowship of the American Society of Radiation Oncology in 2011, and has been elected Fellow of the American Association of the Advancement of Science since 2006.
Upendra Parvathaneni, M.D., FRANZCR

Dr. Parvathaneni is board certified in radiation oncology in Australia, with expertise in proton therapy, and is a Fellow of the Royal Australian and New Zealand College of Radiologists. He is an Assistant Professor of Radiation Oncology at the University of Washington and specializes in the treatment of Head and Neck cancers, Merkel cell cancers, complex skin cancers, melanomas, salivary gland tumors and other rare malignancies.

Dr. Parvathaneni earned his medical degree and completed his residency in radiation oncology at Annamalai University in India, and completed an advanced radiation oncology fellowship in Head and Neck cancers at the MD Anderson Cancer Center. There he received specialized training in complex technologies including IMRT and proton therapy.

Dr. Parvathaneni’s research interests focus on Merkel cell cancers, and newer treatment modalities and techniques such as proton therapy.
Shilpen A. Patel, M.D.

Dr. Patel is a board-certified radiation oncologist with expertise in proton therapy. He specializes in the treatment of thoracic cancers, including lung, thymic and tracheal tumors, and tumors of the gastrointestinal system. Dr. Patel is an Associate Professor in Radiation Oncology at the University of Washington, leads the Thoracic Radiation Oncology Program, and is the Director of Stereotactic Body Radiation Therapy.

Dr. Patel earned his medical degree at the University of Texas and completed his residency at the Greenebaum Cancer Center at the University of Maryland.

The research interests of Dr. Patel include evaluating the safe use of radiation therapy and the treatment of thoracic and gastrointestinal malignancies.

Dr. Patel has authored a number of papers and has an active research program. He has led numerous clinical trials, and regularly lectures on radiation oncology at national and local conferences. Dr. Patel is the head of the American Medical Association’s Young Physicians Section. Dr. Patel has been named “Top Doctor” by Seattle Magazine.
Jason K. Rockhill, Ph.D., M.D.

Dr. Rockhill is a board-certified radiation oncologist with expertise in proton therapy who specializes in cancers of the brain and nervous system. He is an Associate Professor of Radiation Oncology at the University of Washington, and Associate Director of the department Residency Program.

Dr. Rockhill earned his medical degree as well as his Doctorate of Philosophy at the University of Illinois School of Medicine and completed his residency in radiation oncology at the University of Washington Medical Center.

Dr. Rockhill’s clinical interests include central nervous system tumors, including metastatic disease, stereotactic radiotherapy and radiosurgery, and radiation sensitizers and protectors. He is also involved in research using mathematical modeling to predict tumor growth and response to treatment, as well as advanced imaging techniques with MRI and PET to better delineate treatment response to radiation.

Dr. Rockhill has been named “Top Doctor” by Seattle Magazine.
Kenneth J. Russell, M.D.

Dr. Russell is board certified in radiation oncology and therapeutic radiology, with expertise in proton therapy. He specializes in genitourinary cancers, particularly prostate cancer, and in Hodgkin's and non-Hodgkin's lymphomas and total-body irradiation. Dr. Russell is a Professor and Vice Chair of the Department of Radiation Oncology at the University of Washington.

Dr. Russell earned his medical degree at Harvard Medical School, and completed his residency in radiation therapy at Stanford Medical Center. He was an American Cancer Society Post-Doctoral Fellow in Radiobiology.

Dr. Russell has led a number of clinical trials, written over 50 peer-reviewed publications, and presented at numerous national and local conferences. He has served as an examiner for the national Radiation Oncology certification examinations, as a member of the American Board of Radiology Board of Directors, and as head of the Scientific Program Committee for the annual ASTRO Scientific Meetings. Dr. Russell has been named “Top Doctor” by Seattle Magazine many times.
Waylene Wang, M.D.

Dr. Wang is a board-certified radiation oncologist with expertise in proton therapy who specializes in treating breast, gynecological and genitourinary (prostate) cancers. She is the Medical Director at SCCA Radiation Oncology at UW Medicine’s Northwest Hospital & Medical Center, as well as a Clinical Assistant Professor at the University of Washington Department of Radiation Oncology.

Dr. Wang earned her medical degree and competed her residency in radiation oncology at Loma Linda University School of Medicine. She went on to work there as an Assistant Professor in Radiation Medicine, with a focus on proton therapy.

As a physician, Dr. Wang “strives to educate and empower” her patients as they face cancer. She is interested in community-based practice, with access to the latest technology and clinical trials.
Jing Zeng, M.D.

Dr. Zeng is a board-certified radiation oncologist with expertise in proton therapy. She specializes in treating lung cancer and other thoracic malignancies and has helped build the thoracic radiation oncology program at UW Medicine. Dr. Zeng is an Assistant Professor of Radiation Oncology at the University of Washington and helps develop clinical and research initiatives exploring the application of proton therapy in thoracic diseases.

Dr. Zeng earned her medical degree at Duke University, completed her residency in radiation oncology at Johns Hopkins Hospital, and was involved in clinical research and translational lab research throughout.

Dr. Zeng’s research involves finding different medicines that minimize side effects of radiation treatment. She is also studying new technologies to make radiation delivery safer and more accurate, and is helping the GU Proton Therapy Program in their community outreach, clinical, and research efforts.
Section 2: Key Contacts at the Center

The Precision of Protons. The Power of Caring.

House the information you receive from your Care Team here, in one convenient location.
Key Contacts at the Center

During your treatment at SCCA Proton Therapy, A ProCure Center, you will meet many people. You will receive business cards from your Care Team members as well as others involved in your care.

For your convenience, we have provided a business card holder in this kit to keep all of your contacts organized and easily accessible in case you need to call them directly with any questions or concerns.

If you are experiencing a true medical emergency, please dial 911.
Questions? Who should you call?

With all the resources we have for you during treatment, we never want you to feel unsure! Here is some help with calling your best contact:

Emergency? Call 911

Clinical Issues or Questions?

During business hours: (206) 306-2803

Call your nurse first! Your nurse will have given you a business card to add to your Welcome Kit. You can use their direct number, or call (206) 306-2803.

If they are busy, please leave a voicemail and they will return your call or have your doctor contact you as soon as possible.

After hours and weekends: (877) 897-7628

Urgently need to speak to your MD?

Call (206) 598-6190 and ask to have the radiation oncologist on call paged. OR

Call (877) 897-7628 and ask to have the radiation oncologist on call paged.

Able to wait?

Leave a message for your nurse anytime and they or your MD will return your call the next business day.

Prescription refills: Please ask your pharmacy to fax a refill request to (206) 417-0467 and your nurse will coordinate with the pharmacy to have your prescription refilled.

Scheduling Issues or Questions?

Day of your appointment:

Call your therapy room. Your therapist will have given you a business card to add to your Welcome Kit. Call as soon as possible if you are unable to keep an appointment or will be late.

TR1: (206) 306-2852
TR2: (206) 306-2850
TR3: (206) 306-2848
TR4 (Gantry): (206) 306-2846

In general: (206) 306-2803

Your therapy team is responsible for the treatment schedule and will try their best to accommodate your scheduling preferences, taking into account a multitude of other factors. Always ask if you are unsure about a treatment time.
Housing, Transportation, Dine-Around and other Resource Questions?

Call Patient Services during business hours! Please dial (888) 994-7782. Ask for the concierge.

The concierge staff can help you find what you are looking for, whether it’s transportation to the Center, a support group, or a great place to try for dinner. They are here for you!
Insurance & Billing Questions

You may be wondering how much your treatment at Seattle Cancer Care Alliance Proton Therapy, A ProCure Center will cost and how much will be paid by your health insurance. Here are answers to some common insurance-related questions.

Who at SCCA Proton Therapy will help me understand my insurance benefits?

A Financial Coordinator can assist you with understanding your insurance benefits. If you have questions, please call (888) 992-7782, and ask to be transferred to a Financial Coordinator.

What if my insurance carrier requires pre-authorization for treatment?

Prior to your first consultation, your benefits and coverage will be confirmed, and we will verify whether an authorization for treatment from your insurance carrier will be required. If authorization is required for treatment, it will be requested after you have had your consultation and your doctor has confirmed that you are a candidate for proton therapy.

After a decision has been made by your insurance carrier, your Financial Coordinator will be in contact with you to discuss next steps. Authorization requests can take up to two weeks to be processed by your insurance. You are free to check in with your Financial Coordinator to find out the status of the request at any time; however we will contact you once we have received the decision.

My Bills—What should I expect? Who can help me with questions?

Types of Bills You Will Receive

When you receive outpatient care at the SCCA Proton Therapy, you will receive two types of bills:

- Bills for professional services. This charge covers outpatient clinic services provided by or under the supervision of your physician. SCCA Proton Therapy uses UW Physicians (UWP) for our professional services.

- Bills for outpatient clinic services and facility fees. This charge relates to things such as charges for equipment (equipment used in the delivery of proton therapy, supplies and scans). Clinic and facility charges may be greater than the charges for professional services, depending on the service provided.

With each of these types of bills you may be responsible for an insurance copayment or coinsurance (depending on your insurance coverage). The amount of any insurance copayment or coinsurance will depend on the services provided during your visit and the coverage provided by your insurance.
Where do the bills come from?

You may receive bills from any of the following entities for services related to your proton therapy here at SCCA Proton Therapy.

- **ProCure Treatment Centers**: SCCA Proton Therapy is a center in the ProCure Treatment Centers network. When you receive services at SCCA Proton Therapy, you will receive a facility fee for the equipment and supplies used to deliver your proton therapy.

  For all questions about your ProCure Treatment Centers facility bill, or to make payments, call RC Billing at (866) 317-3801, or email at info@rcbilling.com.

- **UW Physicians**: After a visit to SCCA Proton Therapy, you will receive a bill from UW Physicians (UWP) for the professional services provided to you by or under the supervision of the attending physician.

  For questions about your UWP bill or to make payments, call UWP at (206) 543-8606 (option 2) or toll-free at (888) 234-5467 (option 2).

How can I assist with the billing process?

You can help us bill your insurance company correctly by providing full information to SCCA Proton Therapy when you register. It is important to inform us of any changes to your address, insurance coverage or employment or the party who is financially responsible for your bills.

What is the SCCA Proton Therapy billing policy?

Payments are due within 30 days after you receive your ProCure Treatment Centers or UWP bill. If you are unable to pay in full, please contact the appropriate billing office to make payment arrangements. It is important to do this soon after receiving your statements until your account is paid in full, regardless of whether or not you have insurance coverage.

Do you offer financial assistance/charity care?

Yes, financial assistance/charity care is available to those who fall below certain income thresholds. A SCCA Proton Therapy Financial Coordinator can help you determine if you might qualify and with completing the applications. The Financial Coordinator can also help you apply for public insurance programs such as Medicaid. These programs may help you with your current and future healthcare bills.
Section 3: An Introduction to Proton Therapy

The Precision of Protons. The Power of Caring.

Basic information to reference, share with loved ones, and educate you during your treatment.
An Introduction to Proton Therapy

After your visit to our Center, you may still have questions about proton therapy or you may want to share what you have learned with your family and loved ones. Here is some information on proton therapy that may be helpful to you. If you have additional questions, please contact the Patient Services manager or your personal Care Team.

What is proton therapy?

Proton therapy is a next-generation radiation treatment that precisely targets tumors, minimizing radiation to healthy tissue and improving the lives of patients with cancer. Proton therapy deposits the greatest amount of radiation right into the tumor and then stops, allowing patients to receive high doses with less risk of damage to nearby healthy tissue. This more targeted form of radiation is especially useful for pediatric cancers, where the impact of excess, harmful radiation causes long-term damage. Research shows proton therapy can minimize short- and long-term side effects, reduce the occurrence of secondary tumors and improve patients’ quality of life.$^{1,3,4}$

Proton therapy for a brain tumor

With proton therapy, less healthy tissue is exposed to radiation (gray/white area indicates no radiation exposure)

X-ray therapy for a brain tumor

With X-ray radiation therapy, more healthy tissue is exposed to radiation (colored area indicates radiation exposure)
Who administers proton therapy?

Our doctors are medical faculty at the University of Washington and practice at SCCA as well as other UW Medicine sites, including UW Medicine’s Northwest Hospital & Medical Center and Harborview Medical Center.

Who can use proton therapy?

Precise targeting gives proton therapy a significant advantage over standard radiation therapy when treating tumors near vital organs. Studies have shown proton therapy is beneficial in treating a broad range of tumors, including those of the brain, central nervous system, gastrointestinal tract, head and neck, left breast, lung, and prostate, as well as sarcomas and certain pediatric cancers.

Proton Therapy for prostate cancer?

Proton therapy is a great choice for prostate cancer due to its quality-of-life advantages and few side effects.

Proton therapy for pediatric cancers?

Because it is so targeted, proton therapy can be particularly effective in treating children, who are more sensitive to the effects of radiation. The precision of protons means a reduced chance of radiation side-effects such as growth and developmental problems, as well as secondary tumors later in life.

What is proton therapy like?

It is safe, noninvasive and painless for most patients. It does not require an overnight stay in the hospital. Treatments are usually given five days a week, for a period of four to eight weeks. The total number of treatments needed depends on the location and size of the tumor. The actual treatment time is about one minute but total daily treatment sessions typically range from 15 to 30 minutes due to the time spent positioning the patient for this precise treatment.

Why do we offer proton therapy?

SCCA has long been dedicated to excellence in cancer research, innovation, education, and patient treatment. A major focus of SCCA is to speed the transfer of new diagnostic and treatment techniques from the research setting to the patient while providing premier, patient-focused cancer care. When SCCA began evaluating the potential for a proton therapy center, there were only ten centers operating in the country, and none within one thousand miles of Seattle. Before the Center in Seattle was built, patients experienced long waiting times for treatment and cross-country travel for access to care.

Patients who come to SCCA receive the latest research-based cancer therapies as well as cutting-edge treatments for a number of non-malignant diseases.
Is proton therapy a new method of treatment?

As of 2013, more than 92,000 people worldwide have received proton therapy at centers in Europe, Asia and the United States. Proton therapy was first used to treat patients in 1955 in a research setting, but its use was limited because imaging techniques at the time could not accurately pinpoint tumors. The FDA approved proton therapy in 1988, following advances in imaging technology, such as CT, MRI and PET scans. The first hospital-based treatment center opened in California in 1990.

SCCA Proton Therapy, A ProCure Center, is the eleventh proton therapy facility in the United States, and the third in a nation-wide network operated by ProCure, the leading provider of proton therapy in the U.S.

Does insurance cover proton therapy?

Many U.S. insurance providers, including Medicare and many state Medicaid programs, cover proton therapy treatments.

How can I learn more about proton therapy for my specific cancer?

You can find information on disease-specific conditions and proton therapy, as well as many disease-specific resources at www.sccaprotontherapy.com.

2. Fowler J. What Can We Expect from Dose Escalation Using Proton Beams. Clinical Oncology 2003,15:S10-S15
The Precision of Protons. The Power of Caring.

Section 4: What to Expect During Treatment

An overview of the entire process to help you plan ahead and anticipate the next step.
Section 4: What to Expect During Treatment

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What to Expect During Treatment

Expect exceptional patient care at SCCA Proton Therapy, A ProCure Center. Here, you will experience the precision of proton therapy in a healing environment. Our dedicated team will look after your needs and concerns and your loved ones from first contact with the Center through follow-up care after your treatments are done. We are available to you and your doctors when you need us.

Your Consultation Visit

You may have met with your doctor and nurse during your first consultation at the Center. They are members of your personal Care Team, which also includes the radiation therapists you will meet at the first treatment. Your personal Care Team will remain mostly the same throughout the course of treatment at the Center, and will remain involved in your follow-up care.

Before Treatment Begins

During your consultation, your doctor may decide additional tests are necessary to plan your treatment, such as blood work, magnetic resonance imaging (MRI), or positron emission tomography (PET) scans. Your Care Team nurse will help you coordinate and schedule any tests. If you do not have a local primary doctor, your nurse will make sure you get all the additional services and therapies you need.

Before your treatment begins, you will be given a photo name tag that should be worn each time you visit the Center. When you arrive for treatment, your name tag will be scanned to notify your treatment team that you are at the Center and ready for the appointment.

Treatment Planning

After your consultation and any additional tests, we will schedule you for a computed tomography (CT) scan at the Center. This will take up to two hours, including preparation time. Your nurse also will use this time to help you understand the treatment process.

You may have had a CT scan in the past to diagnose your tumor or for another medical reason, but this particular CT scan is necessary to gather images of your tumor and normal tissue from many angles so your doctor and other scientists can perform treatment simulation and planning.

We use these images to create a treatment plan specifically for you, with details on the exact dose of protons you need precisely targeted to your tumor. Depending on the location of your tumor, you may receive a contrast agent, or dye, before your CT scan so the tumor is easier to see. The dye may be injected through an intravenous (IV) line, taken orally (by mouth) or administered through a catheter.
A Radiation Therapist will guide you through your CT scan (also referred to as “CT Simulation”). For more information on who is in your Care Team and what positions support your treatment, see the section of this guidebook entitled The Center. During your appointment, the Radiation Therapist will work closely with you to create an accurate and reproducible treatment position specific to your individual needs. This is achieved by use of special immobilization devices such as: masks, leg molds, head rests, sponges, and pillows. Many of the devices that are used are customizable and made just for you to ensure that you receive an accurate treatment.

Using your CT images, a team of proton therapy experts will develop an individual treatment plan for you, determining the number of treatments you need and the best technology for your care.

**Scheduling Your Treatment Sessions**

Once planning for treatment is completed, the lead radiation therapist from your Care Team will tell you how many treatments are prescribed and schedule your first appointment. Most patients have therapy five days a week (excluding weekends and holidays) for 4 to 9 weeks, depending on the total number needed. Occasionally your doctor may order additional treatments or breaks in your regular treatment schedule. You will always be informed of any changes.

Your radiation therapist will tell you when to arrive for your first appointment and provide any special instructions (for example, some patients need to come with full or empty bladder, or need to avoid wearing deodorant or lotions). At the end of each treatment week, you will get your schedule for the following week. You will need to come to the Center approximately 30 minutes early to complete any necessary preparations, such as changing into a gown and consuming specific amounts of fluid.

It is very important to follow the treatment schedule prescribed by your doctor. If you must cancel or reschedule a treatment, we will work to accommodate your medical needs. Please be on time for all appointments to avoid disrupting other patients’ schedules. Your Care Team will provide you with the appropriate number to call.
Arriving for Your Treatment Sessions

When you arrive for your treatment, you will be greeted by a member of your Care Team. You may be asked to change into a gown, robe and slippers provided by the Center. There are secure lockers for you to store your clothing or other personal belongings.

During Your Treatment Sessions

Most patients do not feel pain or discomfort during proton therapy treatments. Members of your personal Care Team will assist you throughout the process.

You will lie on a treatment bed and your therapists will make adjustments. Since proton therapy is precise, your treatment set-up must be very accurate. This is why we use the immobilization devices. You will be asked to lie still during the process and while the proton beam is on, which usually is about one minute. The Care Team will determine your proper positioning and you will be automatically moved into position before each treatment using an FDA-approved robotic positioning system.

During the actual treatment you will not feel or see the proton beam. You may hear some clicking from the equipment around you, but generally after a few treatment sessions the sounds go unnoticed. Your radiation therapists will need to leave the room at that time, but they watch you through a video monitor. They remain close by and can easily talk to you.

The entire session takes from 15 to 60 minutes. No recovery time is needed, and you may immediately return to your normal daily activities. There is no need to stay overnight in a hospital or remain at the Center after your treatment.
Side Effects

Typically, there are no or few side effects from proton therapy. If there are side effects during or after treatment, they are generally minor and occur after a number of treatments. Depending on the site of your tumor, side effects may include skin irritation in the direct path of the proton radiation, tiredness, and hair loss in the area being treated. Before treatment begins, your doctor will discuss with you any possible side effects. Your Care Team nurse will help you manage any side effects you may have.

Meeting with Your Doctor or Staff at the Center

Once a week (or every five treatments) you will meet with your doctor (radiation oncologist) to discuss how your therapy is progressing. This is a good time to ask any questions you may have. In some cases, your doctor may order additional tests such as blood tests, CTs, MRIs, or other scans during your treatment. Your weekly meetings with your doctor are scheduled around treatment sessions, so there is no need to make an extra trip to the Center. An additional scan will be performed before you come back to the Center for your follow-up appointment, usually three months after your treatment is complete.

Bring Your Family or Loved One

We know how important it is to have the presence and support of those close to you. We encourage you to bring family and loved ones with you to the Center if you can. We offer many special services to make all our visitors feel at home:

- Additional educational materials
- Regularly scheduled activities and events
- A children’s play room
- A beverage bar

For more information on these and other special services, see the Resources Available from Patient Services section of this kit or check with the Patient Services Team.

Your Web-Based Communication System: VisionTree®

During your stay at the Center and after your treatment is complete, you will have access to VisionTree. This interactive, password-protected web-based tool lets you register online, enter your personal and medical information, keep track of your appointments, receive notes and reminders from members of your personal Care Team and communicate with them using email. Also on VisionTree, you can complete tasks such as filling out forms and find educational materials and other resources.
When using VisionTree, you can be assured that all your personal information will remain confidential. VisionTree is in compliance with the U.S. Department of Health and Human Services Health Insurance Portability and Accountability Act (HIPAA), which protects patient confidentiality.

VisionTree will be made available to you via email before your consultation. You can access your personal VisionTree site whenever you like from any computer, phone or other device that has Internet access. There is a wireless connection in the lobby of the Center, and we have iPads available for lobby use from the concierge.

Below you will find your personal user name and password. Once you have logged on for the first time with your given password, you will be instructed to change it for your ongoing use. The Patient Services Team can assist you with this tool, and will be happy to walk you through how it works. Please ask if you require any assistance.

USER NAME: ----------------------------------

PASSWORD: ----------------------------------
Section 5: Resources Available from Patient Services

The Precision of Protons. The Power of Caring.

Services and resources to make your visit as enjoyable and informative as possible.
Section 5: Resources Available from Patient Services

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During your treatment at the Center, Patient Services is available to assist with your personal needs. The staff are available Monday through Friday, during regular Center hours. Please refer to the Key Contacts at the Center section for contact information for Patient Services.

Patient Services will provide resources and services to make your stay as stress-free and pleasant as possible, while providing comfort to you and your loved ones during your treatment. These services include:

- Providing information on accommodations, transportation, directions, and activities.
- Networking opportunities for patients and their families. We can put you in touch with other patients who are undergoing proton therapy, as well as those who have completed therapy.
- A play area for children who are patients and for children who accompany patients to the Center.
- Additional educational materials on proton therapy, health and wellness, as well as information on local activities.
- Information on support groups.
- A special coloring book for children undergoing treatment that explains the treatment process.
- A financial counselor who is available to help with any questions regarding your insurance or other financial needs.
- A free beverage bar for patients and their families.

Other amenities designed to enhance your treatment at the Center include:

- Easy check-in using a key card that verifies your identity.
- Comfortable patient gowns and robes.
- Open layout, with natural light throughout the Center.
- Recommendations on activities, outings, and restaurants.

Please do not hesitate to contact Patient Services for more information or if you need further assistance.
Connecting With Other Patients

During your treatment at the Center, you may wish to connect with others who are going through proton therapy or have completed treatment. Patient Services can make these arrangements for you.

New Patient Orientation

This is a luncheon conducted by Patient Services for patients who are one or two weeks into treatment. The objective of this meeting is to help patients understand the multitude of services available to them and their families while they are treated at the Center. It is also a great opportunity for patients to learn about networking opportunities with other patients, such as sharing stories on Facebook and online blogging. Patient Services can connect you with former patients to hear about their experiences and can invite leadership from different Center departments to speak with patients about their responsibilities at the Center and help patients to better understand how the Center operates.

Dine Around

The Dine Around is a weekly dinner coordinated by Patient Services where patients and families can get to know one another. Patient Services will find a local restaurant and coordinate logistics, but patients and families will pay their own way.

Patient Graduation

We celebrate each patient’s treatment completion with a graduation ceremony. At graduation, you will receive a diploma and a coin with a number that is unique to you. Your physicians and Care Team will attend whenever possible to celebrate your treatment completion. Patients may share a few words about their experiences if they wish. After graduation, if you’d like to share your story with patients considering proton therapy, or if you’d like to offer support to them before or during treatment, let the Patient Services Manager know.

Facebook

Each Center has a Facebook page that lists events at the Center and allows you to connect with other Center supporters. A private Facebook page is also available to patients who are undergoing or have undergone treatment. Please friend our public site and see Patient Services to connect with other patients on our private site.
Listing of Patient Resources

General Resources
MedlinePlus: www.nlm.nih.gov/medlineplus
National Cancer Institute: www.cancer.gov
OncoLink: www.oncolink.com

Local Patient Support and Advocacy Groups
American Lung Association Washington: (206) 441-5100 www.alaw.org
Cancer Lifeline, Northwest Hospital: (206) 297-2100 www.cancerlifeline.org
Candlelighters of Western Washington: (206) 624-9989 www.candlelighterswa.org
Gilda’s Club Seattle: (206) 709-1400 www.gildasclubseattle.org
SCCA House: (855) 557-0555 www.seattlecca.org/SCCAHouse.cfm
Seattle Cancer Care Alliance: (855) 557-0555 www.seattlecca.org
Starlight Children’s Foundation: (425) 861-7827 www.starlight.org/northwest
Us TOO of Seattle: www.ustooinseattle-com.com
Washington State Prostate Cancer Coalition: www.prostatewashington.org

National Patient Support and Advocacy Groups
Children’s Brain Tumor Foundation: www.cbtf.org
I’M TOO YOUNG FOR THIS: www.stupidcancer.org
National Association for Proton Therapy (NAPT): www.proton-therapy.org
Pediatric Proton Foundation: www.pediatricprotonfoundation.org
ProCure Cancer Foundation: www.procurecancerfoundation.org
Proton Bob (Brotherhood of the Balloon): www.protonbob.com
Support for People with Oral and Head and Neck Cancer: www.spohnc.org
Us TOO International: www.ustoo.org
Women Against Prostate Cancer: www.womenagainstprostatecancer.org
National Cancer Organizations

American Brain Tumor Association: www.abta.org
American Breast Cancer Foundation: www.abcf.org
American Cancer Society: www.cancer.org
Children’s Brain Tumor Foundation: www.cbtf.org
Prostate Cancer Foundation: www.pcf.org

Cancer Blogs

Blog for a Cure: www.blogforacure.com
Brotherhood of the Balloon: www.protonbob.com/proton-treatment-homepage.asp
Prostate Blog: www.prostateblog.com

Proton Therapy Resources

National Association for Proton Therapy: www.proton-therapy.org
ProCure Treatment Centers: www.procure.com

Radiation Oncology Organizations

American Society for Radiation Oncology (ASTRO): www.astro.org
Particle Therapy Co-Operative Group (PTCOG): http://ptcog.web.psi.ch
Pediatric Radiation Oncology Society (PROS): www.intpros.org
If you are traveling to the Center for proton therapy, Patient Services will ensure that you feel at home. The staff can help you arrange for a place to stay while you receive treatment; suggest restaurants, sports and entertainment; help you find local businesses such as pharmacies and dry cleaners; and direct you to places of worship.

On the following pages you will find a listing of many of these services. If you need directions, additional help or more information, Patient Services is available during regular center hours at (888) 994-7782. Ask for the concierge. You can also email the Patient Services manager at concierge@sea.procure.com.

Please note that the Center does not provide housing or transportation. This list is merely a guide which we hope you will find useful during your stay. The Center, including any of its affiliated entities, does not endorse any of the companies listed below.

If you need more information on local vendors and services, please contact the concierge.
Transportation

For transportation to and from the Center, you may want to consider renting a car to give you flexibility during your treatment. Taxi services and shuttles from the airport also are available if you are coming in from out of town. Patient Services is available if you need help or advice making transportation arrangements.

RENTAL CAR AGENCIES

Aero Rent-A-Car
15260 Bel-Red Rd.
Redmond, WA 98052
(425) 562-1850
www.aerorentacar.com

Avis
2200 7th Ave.
Seattle, WA 98121
(206) 652-5036
Code #AWD H770900
www.avis.com

Budget
2200 7th Ave.
Seattle, WA 98121
(206) 652-5036
Code # BCD#D555590
www.budget.com

Enterprise
12001 Aurora Ave. N.
Seattle, WA 98133
(206) 363-2620
www.enterprise.com
Hotels and Housing

There are many housing options to choose from near the Center for your stay in Seattle. Patient Services can help you choose an accommodation that will best suit your needs.

SEATTLE
SCCA House
207 Pontius Ave. N.
Seattle, WA 98109
(206) 264-3700
www.seattlecca.org/SCCAHouse.cfm

Hotel Nexus Seattle
2140 N. Northgate Way
Seattle, WA 98133
(206) 365-0700
www.hotelnexusseattle.com

Holiday Inn Express
14115 Aurora Ave. N.
Seattle, WA 98133
(206) 365-7777
www.hiexpress.com

Silver Cloud Inn
5036 25th Ave. NE
Seattle, WA 98105
(206) 526-5200
www.silvercloud.com/university

LYNNWOOD (NORTH OF SEATTLE)
Embassy Suites
20610 44th Ave. W.
Lynnwood, WA 98036
(425) 775-2500
www.embassysuites.com

Hampton Inn & Suites
19324 Alderwood Mall Pkwy.
Lynnwood, WA 98036
(425) 771-1888
www.hamptonseattlenorth.com

Marriott Residence Inn
18200 Alderwood Mall Pkwy.
Lynnwood, WA 98037
(425) 771-1100
www.marriott.com

APARTMENTS
Short Term Suites
(various properties)
(206) 276-0588
www.shorttermsuites.com
Dining

From fine dining establishments to places where you can grab a quick bite to eat, there are many restaurants to choose from near the Center. Please contact Patient Services if you need additional suggestions, reservations, or directions to restaurants.

**AMERICAN/SANDWICHES**

BurgerMaster
9820 Aurora Ave. N.
Seattle, WA 98103
(206) 522-2044
burgermaster.biz

Kidd Valley Burgers & Shakes
14303 Aurora Ave. N.
Seattle, WA 98133
(206) 364-8493
www.kiddvalley.com

Panera Bread
401 N.E. Northgate Way
Seattle, WA 98125
(206) 362-3188
panerabread.com

Patty’s Eggnest
1000 N.E. Northgate Way
Seattle, WA 98125
(206) 364-3463
www.pattyseggnestrestaurant.net

Red Robin Gourmet Burgers
401 Northeast Northgate Way
Seattle, WA 98125
(206) 365-0933
www.redrobin.com

The Ram Restaurant
401 Northeast Northgate Way
Seattle, WA 98125
(206) 364-8000
www.theram.com

**FRENCH**

Gainsbourg
8550 Greenwood Ave. N.
Seattle, WA 98103
(206) 783-4004
gainsbourglounge.com

**INDIAN**

Masala of Indian Cuisine
539 N.E. Northgate Way
Seattle, WA 98125
(206) 417-1118
www.masalaofindiaseattle.com

Saffron Grill
2132 N. Northgate Way
Seattle, WA 98133
(206) 417-0707
www.saffrongrillseattle.com

**ITALIAN**

Pagliacci Pizza
4529 University Way N.E.
Seattle, WA 98105
(206) 726-1717
www.pagliacci.com

Romano’s Macaroni Grill
3000 184th St. S.W.
Lynnwood, WA 98037
(425) 368-2875
www.macaronigrill.com

**JAPANESE/SUSHI**

Bluefin Sushi & Seafood Buffet
401 N.E. Northgate Way
Seattle, WA 98125
(206) 367-0115
www.bluefinseattle.com

Setsuna Japanese Restaurant & Bar
11204 Roosevelt Way N.E.
Seattle, WA 98125
(206) 417-3175
www.setsunarestaurant.com

Tengu Sushi
311 N.E. 103 St.
(in Thornton Place)
Seattle, WA 98125
(206) 525-9999
www.tengusushi.com
<table>
<thead>
<tr>
<th>Restaurant Type</th>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>MEXICAN</td>
<td>Saltoro</td>
<td>14053 Greenwood Ave N, Seattle, WA 98133</td>
<td>(206) 365-6025</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Spiro’s Pizza &amp; Pasta</td>
<td>18411 Aurora Ave. N, Shoreline, WA 98133</td>
<td>(206) 546-2900</td>
<td><a href="http://www.ilovespiros.com">www.ilovespiros.com</a></td>
</tr>
<tr>
<td></td>
<td>Spiro’s Pizza &amp; Pasta</td>
<td>18411 Aurora Ave. N, Shoreline, WA 98133</td>
<td>(206) 546-2900</td>
<td><a href="http://www.ilovespiros.com">www.ilovespiros.com</a></td>
</tr>
<tr>
<td></td>
<td>Las Margaritas</td>
<td>14356 Aurora Ave. N, Seattle, WA 98133</td>
<td>(206) 362-7527</td>
<td><a href="http://www.lasmarginatasrest.com">www.lasmarginatasrest.com</a></td>
</tr>
<tr>
<td></td>
<td>Gyro Hut</td>
<td>11020 8th Ave. N.E, Seattle, WA 98125</td>
<td>(206) 362-4976</td>
<td><a href="http://www.gyrohutseattle.com">www.gyrohutseattle.com</a></td>
</tr>
<tr>
<td></td>
<td>Mr Gyros</td>
<td>8411 Greenwood Ave N, Seattle, WA 98103</td>
<td>(206) 706-7472</td>
<td><a href="http://www.mrgyroseattle.com">www.mrgyroseattle.com</a></td>
</tr>
<tr>
<td>STEAKHOUSE &amp; SEAFOOD</td>
<td>Bick’s Broadview Grill</td>
<td>10555 Greenwood Ave N, Seattle, WA 98133</td>
<td>(206) 367-8481</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Stanford’s Restaurant</td>
<td>401 N.E. Northgate Way, Seattle, WA 98125</td>
<td>(206) 834-6277</td>
<td><a href="http://www.stanfords.com">www.stanfords.com</a></td>
</tr>
<tr>
<td>THAI</td>
<td>Namfon Thai Cuisine</td>
<td>9586 1st Ave, Seattle, WA 98155</td>
<td>(206) 527-8000</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Thai Bistro</td>
<td>18336 Aurora Ave. N, Shoreline, WA 98133</td>
<td>(206) 533-6211</td>
<td><a href="http://www.thaibistro.us">www.thaibistro.us</a></td>
</tr>
<tr>
<td></td>
<td>Thai Fusion Bistro</td>
<td>323 N.E. Thornton Place, Seattle, WA 98125</td>
<td>(206) 268-0787</td>
<td><a href="http://www.thaifusion-bistro.com">www.thaifusion-bistro.com</a></td>
</tr>
<tr>
<td>VEGETARIAN</td>
<td>Carmelita</td>
<td>7314 Greenwood Ave N, Seattle, WA 98103</td>
<td>(206) 706-7703</td>
<td><a href="http://www.carmelita.net">www.carmelita.net</a></td>
</tr>
</tbody>
</table>
Entertainment and Recreation

There are many fun things to see and do in and around Seattle—from hitting the slots to going to the movies, visiting an art museum to going on a nature walk. Whatever you like to do for recreation, we hope you find time to relax and have a nice time during your treatment.

CASINOS

Snoqualmie Casino
37500 S.E. North Bend Way
Snoqualmie, WA 98065
(425) 888-1234
www.snocasino.com

Tulalip Resort & Casino
10200 Quil Ceda Blvd.
Tulalip, WA 98271
(888) 272-1111
www.tulalipresort.com

MOVIE THEATERS

AMC Pacific Place 11
600 Pine Street #400
Seattle, WA 98101
(888) 262-4386
www.amctheaters.com

Cinerama
2100 4th Ave.
Seattle, WA 98101
(206) 448-6680
www.seattlecinerama.com

Sundance
4500 9th Ave. N.E.
Seattle, WA 98105
(206) 633-0059
www.sundancecinemas.com

Regal Cinema Thornton Place
301 N.E. 103rd St.
Seattle, WA 98125
(206) 517-9953
www.regmovies.com

Regal Meridian 16
1501 7th Ave.
Seattle, WA 98101
(206) 662-2434
www.regmovies.com

MUSEUMS

Chihuly Garden & Glass
305 Harrison St.
Seattle, WA 98109
(206) 753-4940
www.chihulygardenandglass.com

Experience Music Project
325 5th Ave. N.
Seattle, WA 98109
(206) 770-2700
www.empmuseum.org

Museum of Flight Boeing Field
9404 E. Marginal Way S.
Seattle, WA 98108
(206) 764-5720
www.museumofflight.org

Museum of History & Industry (MOHAI)
860 Terry Ave.
Seattle, WA 98109
(206) 324-1126
www.seattlehistory.org

Olympic Sculpture Park
2901 Western Ave.
Seattle, WA 98121
(206) 654-3100
www.seattleartmuseum.org/visit/osp/

Pacific Science Center
200 2nd Ave. N.
Seattle, WA 98109
(206) 443-2001
www.pacificsciencecenter.org

Seattle Art Museum
1300 1st Ave.
Seattle, WA 98101
(206) 654-3100
www.seattleartmuseum.org

Seattle Asian Art Museum
1400 E. Prospect
Seattle, WA 98122
(206) 654-3100
www.seattleartmuseum.org

The Center for Wooden Boats
1010 Valley St.
Seattle, WA 98109
(206) 382-2628
www.cwb.org

PARKS

Alki Beach Park
1702 Alki Ave. S.W.
Seattle, WA 98116
(206) 233-1509
www.seattle.gov/parks

Discovery Park
3801 Discovery Park Blvd.
Seattle, WA 98199
(206) 368-4236
www.seattle.gov/parks
Gas Works Park  2101 N. Northlake Way  
Seattle, WA 98103  
(206) 684-4075  
www.seattle.gov/parks

Green Lake Park  7201 E. Greenlake Dr. N.  
Seattle, WA 98115  
(206) 684-4075  
www.seattle.gov/parks

Klondike Goldrush National Historic Park  319 2nd Ave. S.  
Seattle, WA 98104  
(206) 220-4240  
www.nps.gov/klse

Mt. Rainier National Park  55210 238th Ave. E.  
Ashford, WA 98304  
(360) 569-2211  
www.nps.gov/mora

Volunteer Park  1247 15th Ave. E.  
Seattle, WA 98112  
(206) 684-4075  
www.seattle.gov/parks

Warren G. Magnuson Park  7400 Sand Point Way N.E.  
Seattle, WA 98115  
(206) 684-4946  
www.seattle.gov/parks

POINTS OF INTEREST  
Chateau Ste Michelle Winery  14111 N.E. 145th St.  
Woodinville, WA 98072  
(425) 488-1133  
www.ste-michelle.com

Hiram M. Chittenden Locks  3015 54th St. N.W.  
Seattle, WA 98107  
(206) 783-7059  

Pike Place Market  1501 Pike Pl.  
Seattle, WA 98101  
(206) 682-7453  
www.pikeplacemarket.org

Seattle Center  305 Harrison St.  
Seattle, WA 98109  
(206) 684-7200  
www.seattlecenter.com

Smith Tower Observation Deck  506 Second Ave.  
Seattle, WA 98104  
(206) 622-4004  
www.smithtower.com

Snoqualmie Falls  6501 Railroad Ave. S.E.  
Snoqualmie, WA 98024  
(425) 831-5784  
www.snoqualmiefalls.com

Space Needle  400 Broad St.  
Seattle, WA 98102  
(206) 905-2100  
www.spaceneedle.com

The Fremont Troll  3405 Troll Ave. N.  
Seattle, WA 98103  
(206) 632-1500  
www.fremont.com

UW Campus Tour  1410 NE Campus Pkwy.  
Seattle, WA 98195  
(206) 543-9686  
www.admit.washington.edu

Wine Tasting Tours  PO Box 2114  
Woodinville, WA 98072  
(425) 205-4394  
www.woodinvillewinecountry.com

NATURE & WILDLIFE  
Point Defiance Zoo & Aquarium  5400 N. Pearl St.  
Tacoma, WA 98407  
(253) 591-5337  
www.pdza.org

Seattle Aquarium  1483 Alaskan Way  
Seattle, WA 98101  
(206) 386-4300  
www.seattleaquarium.org

Woodland Park Zoo  5500 Phinney Ave. N.  
Seattle, WA 98103  
(206) 548-2500  
www.zoo.org

SIGHTSEEING TOURS  
Argosy Cruises  1101 Alaskan Way  
Seattle, WA 98101  
(206) 623-1445  
www.argosycruises.com

Bill Speidel’s Underground Tour  608 1st Ave.  
Seattle, WA 98104  
(206) 682-4646  
www.undergroundtour.com

Future of Flight Aviation Center & Boeing Tour  8415 Paine Field Blvd.  
Mukilteo, WA 98275  
(425) 438-8100  
www.futureofflight.org
Gray Line of Seattle
4500 W. Marginal Way S.W.
Seattle, WA 98106
(206) 626-5200
www.graylinesseattle.com

The Duck Tours
516 Broad St.
Seattle, WA 98109
(206) 441-3825
www.ridetheducksseattle.com

Washington State Ferries
801 Alaskan Way
Seattle, WA 98104
(206) 644-6400
www.wsdot.wa.gov/ferries

SPORTS & ENTERTAINMENT
Century Link Field Seahawks Football
800 Occidental Ave. S.
Seattle, WA 98134
(206) 381-7555
www.seahawks.com

Century Link Field Sounders Soccer
800 Occidental Ave. S.
Seattle, WA 98134
(425) 203-8000
www.soundersfc.com

Key Arena
305 Harrison St.
Seattle, WA 98109
(206) 733-9200
www.keyarena.com

Safeco Field Mariner’s Baseball
1250 First Ave. S.
Seattle, WA 98134
(206) 346-4001
www.mariners.com

Safeco Field Tours
1250 First Ave. S.
Seattle, WA 98134
(206) 346-4001
http://seattle.mariners.mlb.com/sea/ballpark/safeco_field_tours.jsp

THEATERS
5th Avenue Theater
1308 5th Ave.
Seattle, WA 98101
(206) 625-1900
www.5thavenue.org

Benaroya Hall
200 University St.
Seattle, WA 98101
(206) 215-4800
www.seattlesymphony.org

Comedy Underground
109 S. Washington St.
Seattle, WA 98104
(206) 628-0303
www.comedyunderground.com

Driftwood Players
306 Main St.
Edmonds, WA 98020
(425) 774-9600
www.driftwoodplayers.org

Intiman Theatre
201 Mercer St.
Seattle, WA 98109
(206) 441-7178
www.intiman.org

Marion Oliver McCaw Hall
321 Mercer S.
Seattle, WA 98109
(206) 733-9725
www.mccawhall.com

Paramount Theater
911 Pine St.
Seattle, WA 98101
(206) 682-1414
www.stgpresents.org

Seattle Children’s Theatre
201 Thomas St.
Seattle, WA 98109
(206) 441-3322
www.sct.org

Seattle Repertory Theatre
155 Mercer St.
Seattle, WA 98109
(206) 443-2222
www.seattlerep.org

Taproot Theatre Company
204 N. 85th St.
Seattle, WA 98103
(206) 781-9707
www.taproottheater.org

Unexpected Productions
1428 Post Alley
Seattle, WA 98101
(206) 587-2414
www.unexpectedproductions.org
Daily Needs

Whether you want to go shopping, find a pharmacy, join a fitness class or take care of personal needs, the Patient Services Team is here to help.

**DRY CLEANERS**

Blue Sky Cleaners
1515 14th Ave.
Seattle, WA 98122
(206) 432-8602

Blue Sky Cleaners
2756 Northeast 45th St.
Seattle, WA 98105
(206) 432-8604

Cotton Cleaners & Tailors
12354 15th Ave. N.E. #D
Seattle, WA 98125
(206) 361-6362

Pinehurst Laundromat
11702 15th Ave. N.E.
Seattle, WA 98125
(206) 440-0554

Seattle Laundry Service
4522 Brooklyn Ave.N.E.
Seattle, WA 98105
(206) 853-6522

**GROCERIES**

Many grocery stores are located throughout the city, however, we find that sometimes delivery works well. Groceries and supplies can be delivered and waiting for you upon your arrival to your lodging.

Fresh.amazon.com

Shop.safeway.com

Spud.com
Worship

While undergoing treatment, you may find spiritual comfort and support in a place of worship. The Seattle area offers a variety of churches, synagogues, and mosques.

<table>
<thead>
<tr>
<th><strong>BAPTIST</strong></th>
<th><strong>CHRISTIAN</strong></th>
<th><strong>HINDU</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Lake City Baptist Church</td>
<td>Calvary Christian Assembly</td>
<td>Bellevue Hindu Temple</td>
</tr>
<tr>
<td>2441 N.E. 125th St.</td>
<td>6801 Roosevelt Way N.E.</td>
<td>14320 N.E. 21st St.</td>
</tr>
<tr>
<td>Seattle, WA 98125</td>
<td>Seattle, WA 98115</td>
<td>Bellevue, WA 98007</td>
</tr>
<tr>
<td>(206) 364-2672</td>
<td>(206) 525-7474</td>
<td>(425) 636-4477</td>
</tr>
<tr>
<td><a href="http://www.lakecitybaptist.net">www.lakecitybaptist.net</a></td>
<td><a href="http://www.ccassembly.org">www.ccassembly.org</a></td>
<td><a href="http://www.bellevuehindutemple.com">www.bellevuehindutemple.com</a></td>
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<table>
<thead>
<tr>
<th><strong>Fremont Baptist Church</strong></th>
<th><strong>Seattle First Korean Church</strong></th>
<th><strong>Hindu Temple &amp; Cultural Center</strong></th>
</tr>
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<tbody>
<tr>
<td>717 N. 36th St.</td>
<td>11508 Roosevelt Way N.E.</td>
<td>3818 212th St. S.E.</td>
</tr>
<tr>
<td>Seattle, WA 98103</td>
<td>Seattle, WA 98125</td>
<td>Bothell, WA 98021</td>
</tr>
<tr>
<td>(206) 632-7994</td>
<td>(206) 365-5333</td>
<td>(425) 483-7115</td>
</tr>
<tr>
<td><a href="http://www.fremontbaptistchurch.org">www.fremontbaptistchurch.org</a></td>
<td><a href="http://www.seattlefirstchurch.org">www.seattlefirstchurch.org</a></td>
<td><a href="http://www.htccwa.org">www.htccwa.org</a></td>
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<table>
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<tr>
<th><strong>University Baptist Church</strong></th>
<th><strong>University Christian Church</strong></th>
<th><strong>ISLAMIC</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>4731 15th Ave. N.E.</td>
<td>4731 15th Ave. N.E.</td>
<td>Islamic Idriss Mosque</td>
</tr>
<tr>
<td>Seattle, WA 98105</td>
<td>Seattle, WA 98105</td>
<td>1420 N.E. Northgate Way</td>
</tr>
<tr>
<td>(206) 632-5188</td>
<td>(206) 522-0169</td>
<td>Seattle, WA 98125</td>
</tr>
<tr>
<td><a href="http://www.ubcseattle.org">www.ubcseattle.org</a></td>
<td><a href="http://www.uchristian.org">www.uchristian.org</a></td>
<td>(206) 363-3013</td>
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<table>
<thead>
<tr>
<th><strong>BUDDHIST</strong></th>
<th><strong>EPISCOPALIAN</strong></th>
<th><strong>JEWISH – CONSERVATIVE</strong></th>
</tr>
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<tbody>
<tr>
<td>Blue Heron Zen Community</td>
<td>St. Andrews Episcopal Church</td>
<td>Congregation Beth Shalom</td>
</tr>
<tr>
<td>10303 Densmore Ave. N.</td>
<td>111 N.E. 80th St.</td>
<td>6800 35th Ave. N.E.</td>
</tr>
<tr>
<td>Seattle, WA 98133</td>
<td>Seattle, WA 98115</td>
<td>Seattle, WA 98115</td>
</tr>
<tr>
<td>(425) 557-8764</td>
<td>(206) 523-7476</td>
<td>(206) 524-0075</td>
</tr>
<tr>
<td><a href="http://www.blueheronzen.org">www.blueheronzen.org</a></td>
<td><a href="http://www.saintandrewsseattle.org">www.saintandrewsseattle.org</a></td>
<td><a href="http://www.bethshalomseattle.org">www.bethshalomseattle.org</a></td>
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<table>
<thead>
<tr>
<th>Bodhiheart Sangha Buddhist Meditation Center</th>
<th>St. Mark’s Cathedral</th>
<th><strong>JEWISH – ORTHODOX</strong></th>
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<tbody>
<tr>
<td>500 Broadway Ave. E.</td>
<td>1245 Tenth Ave. E.</td>
<td>Bikur Cholim Machzikay Hadath</td>
</tr>
<tr>
<td>Seattle, WA 98102</td>
<td>Seattle, WA 98102</td>
<td>5145 S. Morgan St.</td>
</tr>
<tr>
<td>(206) 325-3970</td>
<td>(206) 323-0300</td>
<td>Seattle, WA 98118</td>
</tr>
<tr>
<td><a href="http://www.seattlebetsuin.org">www.seattlebetsuin.org</a></td>
<td><a href="http://www.saintmarks.org">www.saintmarks.org</a></td>
<td>(206) 721-0970</td>
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</table>

<table>
<thead>
<tr>
<th><strong>GREEK ORTHODOX</strong></th>
<th><strong>ISLAMIC</strong></th>
<th><strong>JEWISH – ORTHODOX</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>St. Demetrios Greek Orthodox</td>
<td>Islamic Idriss Mosque</td>
<td>Bikur Cholim Machzikay Hadath</td>
</tr>
<tr>
<td>2100 Boyer Ave. E.</td>
<td>1420 N.E. Northgate Way</td>
<td>5145 S. Morgan St.</td>
</tr>
<tr>
<td>Seattle, WA 98112</td>
<td>Seattle, WA 98125</td>
<td>Seattle, WA 98118</td>
</tr>
<tr>
<td>(206) 631-2515</td>
<td>(206) 363-3013</td>
<td>(206) 721-0970</td>
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<table>
<thead>
<tr>
<th>Chabad Lubavitch Of Seattle</th>
<th><strong>JEWISH – ORTHODOX</strong></th>
<th><strong>JEWISH – ORTHODOX</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>3327 N.E. 125th St., Ste. 101</td>
<td>Bikur Cholim Machzikay Hadath</td>
<td>Bikur Cholim Machzikay Hadath</td>
</tr>
<tr>
<td>Seattle, WA 98125</td>
<td>5145 S. Morgan St.</td>
<td>5145 S. Morgan St.</td>
</tr>
<tr>
<td>(206) 527-1411</td>
<td>Seattle, WA 98118</td>
<td>Seattle, WA 98118</td>
</tr>
<tr>
<td><a href="http://www.chabadofseattle.org">www.chabadofseattle.org</a></td>
<td>(206) 721-0970</td>
<td>(206) 721-0970</td>
</tr>
</tbody>
</table>
JEWISH – REFORM
Temple Beth Am
2632 N.E. 80th St.
Seattle, WA 98115
(206) 525-0915
www.templebetham.org

RUSSIAN ORTHODOX
Saint Nicholas Russian Orthodox Cathedral
1714 13th Ave.
Seattle, WA 98122
(206) 321-9432
www.saintnicholascathedral.org

LUTHERAN – ELCA
Faith Lutheran Church
8208 18th Ave.
Seattle, WA 98115
(206) 523-9636
www.faithseattle.org

SPIRITUAL
Center for Spiritual Living
5801 Sand Point Way N.E.
Seattle, WA 98105
(206) 527-8801
www.spiritualiving.org

LUTHERAN – LCMS
Messiah Lutheran Church
7050 35th Ave. N.E.
Seattle, WA 98115
(206) 524-0024
www.messiahseattle.org

UNITARIAN UNIVERSALISM
University Unitarian Church
6556 35th Ave. N.E.
Seattle, WA 98115
(206) 525-8400
www.uuchurch.org

LUTHERAN
Grace Chinese Lutheran
538 N.E. 127th St.
Seattle, WA 98125
(206) 362-1888
www.newfruit.org

METHODOIST
Lakeview Free Methodist Church
9412 15th Ave. N.E.
Seattle, WA 98115
(206) 522-1465
www.lakeviewfm.org

ST. CATHERINE OF SIENA
St. Catherine of Siena
814 N.E. 85th St.
Seattle, WA 98115
(206) 524-8800
www.stcatherineparish.net

ROMAN CATHOLIC
St. Luke Parish
322 N. 175th St.
Shoreline, WA 98133
(206) 546-2451
www.stlukecp.org

Blessed Sacrament Church
5050 8th Ave. N.E.
Seattle, WA 98105
(206) 547-3020
www.blessed-sacrament.org

University Temple United Methodist
1415 N.E. 43rd St.
Seattle, WA 98105
(206) 632-5163
www.utemple.org

University Presbyterian Church
4540 15th Ave. N.E.
Seattle, WA 98105
(206) 524-7300
www.upc.org

PRESBYTERIAN
University Presbyterian Church
4540 15th Ave. N.E.
Seattle, WA 98105
(206) 524-7300
www.upc.org

CENTER FOR SPIRITUAL LIVING
Center for Spiritual Living
5801 Sand Point Way N.E.
Seattle, WA 98105
(206) 527-8801
www.spiritualiving.org

RUSSIAN ORTHODOX
Saint Nicholas Russian Orthodox Cathedral
1714 13th Ave.
Seattle, WA 98122
(206) 321-9432
www.saintnicholascathedral.org

SOPHISTICATED LIFE CHANGING THERAPY...
SCCA Proton Therapy, A ProCure Center 1570 North 115th Street, Seattle, WA 98133 (877) 897-7628
Section 6: Comprehensive Care

The Precision of Protons.
The Power of Caring.

Offering you local, comprehensive care through collaboration and support.
Section 6: Comprehensive Care

Comprehensive Care ................................................................. 6-1
About Seattle Cancer Care Alliance ........................................ 6-1
About Seattle Children's Hospital ............................................ 6-1
About Northwest Hospital & Medical Center ............................ 6-2
When you are receiving proton therapy, you may need other medical care. The proton therapy center is affiliated with UW Medical Center to provide you with additional medical services, especially if you are not under the care of a local doctor or hospital. UW Medicine’s Northwest Hospital & Medical Center is conveniently located next to the Center. Seattle Children’s Hospital addresses the needs of pediatric patients.

About Seattle Cancer Care Alliance

Seattle Cancer Care Alliance (SCCA) is a cancer treatment center that unites doctors from Fred Hutchinson Cancer Research Center, UW Medicine, and Seattle Children’s. Our goal, every day, is to turn cancer patients into cancer survivors. Our purpose is to lead the world in the prevention and treatment of cancer.

At SCCA over 300 oncologists, surgeons, radiation oncologists, and other clinicians treat thousands of patients for many types of cancers including leukemia, lymphoma, breast, prostate, lung, and colon cancer. SCCA patients have access to the latest cancer treatments including stem cell and bone marrow transplantation, gene therapy, high-dose chemotherapy, radiation therapy, immunotherapy, minimally invasive surgical techniques, and other specialized therapies.

SCCA patients may be seen at the SCCA outpatient clinic on Lake Union or at UW Medical Center. Pediatric patients may be seen at the SCCA outpatient clinic and Seattle Children’s. If overnight hospital stays are necessary, adult patients go to UWMC and pediatric patients go to Seattle Children’s.

For more information or to find a doctor on the medical staff of SCCA, visit www.seattlecca.org

About Seattle Children’s Hospital

Consistently ranked as one of the best children’s hospitals in the country by U.S. News & World Report, Children’s serves as the pediatric and adolescent academic medical referral center for the largest landmass of any children’s hospital in the country (Washington, Alaska, Montana and Idaho). For more than 100 years, Children’s has been delivering superior patient care and advancing new treatments through pediatric research. Children’s serves as the primary teaching, clinical and research site for the Department of Pediatrics at the University of Washington School of Medicine. The hospital works in partnership with Seattle Children’s Research Institute and Seattle Children’s Hospital Foundation.

For more information, visit www.seattlechildrens.org
About Northwest Hospital & Medical Center

Northwest Hospital & Medical Center is a full-service, non-profit community hospital, offering comprehensive medical, surgical and therapeutic services. With 281 beds, more than 1900 employees and top-ranked medical staff, we provide innovative, technologically advanced care on a patient-friendly, easy-access campus just north of Seattle.

- From primary care to highly specialized care, Northwest Hospital provides everything you and your family need in one place.
- A network of the best physicians and clinical professionals the region has to offer.
- An environment of care that is warm, comfortable and state-of-the-art.
- Inpatient, outpatient and 24-hour emergency services.
- An affiliation with the UW Medicine health system that provides access to the research expertise and world-class services of one of the country’s top medical institutions.

Since 1960, Northwest Hospital & Medical Center has pioneered treatments and procedures that have become standards of care in our state and beyond.

- Our 24-hour emergency department features all-private rooms, leading-edge technology and equipment, and one of the fastest times-to-treatment in the state for heart attack and stroke patients.
- We are a noted national leader in cancer treatment, including brain, breast, gynecologic and other cancers.
- We have established preeminent programs in cardiology, cardiac surgery and cardiac rehabilitation, in partnership with the UW Medicine Regional Heart Center and other regional organizations.
- The first to introduce the labor, delivery, recovery and postpartum birthing suite to the region, we welcome hundreds of babies in our childbirth center each year.
- Our Seattle Breast Center is one of only a few in the area to offer all-digital mammography, board-certified breast radiologists, and breast MRI and MRI biopsy all under one roof.
- Northwest Hospital & Medical Center is a regional leader in neurosciences, including award-winning programs for stroke, brain injury and diseases of the nervous system.
- A vital source of community health education and wellness, we offer classes, support groups, screenings and other resources.

For more information on Northwest Hospital or to find a provider who meets your needs, visit www.nwhospital.org